



# FREE Summer Cooking Classes

**Date:** Every Wednesday, July 3 - August 21, 2019

**Time:** Noon - 2:00 pm

**Location:** East Columbia 50+ Center  
6600 Cradlerock Way  
Columbia, Maryland 21045

**Audience:** Kids and Youth, ages 8 - 17

**Cost:** Free



## What's on the Menu

Week 1: **Mexican Pizza**

Week 2: **Chocolate Apple Muffin**

Week 3: **White Bean Hummus**

Week 4: **Veggie Sushi**

Week 5 **Veggie Tuna Salad + Edible Cookie Dough**

Week 6: **Unicorn French Toast**

Week 7: **Acai Bowl**

Week 8: **Veggie Pasta**



All classes are hosted by **Healthy Little Cooks** and in partnership with Howard County Department of Community Resources and Services and East Columbia 50+ Center.



For more information: Email [Alex@HealthyLittleCooks.com](mailto:Alex@HealthyLittleCooks.com)